

36th Congress

of the International Society of Medical Hydrology & Climatology

Sheraton Porto Hotel & SPA
25 › 28 June 2008 › Porto

www.ismh08.org

Portugal
www.visitportugal.com

Final Program



MSD
Rua Quinta da Fonte, Edifício Vasco da Gama, Quinta da Fonte, 2770-192 Paço de Arcos
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Mensage from the Congress President

Dear Colleagues and Friends,

On behalf of the Organizing and Scientific Committees, Portuguese Society of Medical Hydrology, Congress Sponsors and Executive Secretariat, we would like to extend a warm welcome to Portugal for our 36th Int'l congress.

The city of Porto, classified in 1996 a UNESCO's World Heritage Site, has long been known for its famous wines, its traditions and culture and the gracious kindness of its people.

A special blend of hospitality, the peaceful and safe character of the country, the wonderful climate and a wide range of social programs and activities await you, for a memorable stay.

We are sure your presence and active participation will help to guarantee the success of the endeavour, as this is a unique opportunity to meet and share knowledge, with colleagues from all over the world.

Enjoy your stay!



Pedro Cantista | Chairperson

Mensage from the President of the ISMH

Dear Colleagues,

It gives me great pleasure to welcome you on behalf of the International Society of Medical Hydrology and Climatology (ISMH) on our biannual world congress. The ISMH has become established as one of the major meetings in the field of balneology. The lectures during the Congress will cover many aspects of both basic and clinical balneology research.

Porto - with its particular charm, its diversity of places, monuments, picturesque streets, the rich atmosphere and different architectural styles and busy squares provides a great environment for our congress.

Hopefully, this congress will further increase the recognition of balneology research worldwide.

Enjoy the meeting!



Tamás Bender | President of the ISHM

Organising Societies

SPHM
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E CLIMATOLOGIA

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OF MEDICAL HYDROLOGY
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Ordem dos Médicos

Instituto de Hidrologia da Universidade do Porto

Instituto de Hidrologia da Universidade de Coimbra

Instituto de Ciências Biomédicas Abel Salazar (ICBAS)

Universidade da Beira Interior

Comissão Portuguesa da Década do Osso e Articulação

Sociedade Portuguesa de Medicina Física e de Reabilitação (SPMFR)

Committees

Congress President

Pedro Cantista

ISMH Organising Committee

Tamás Bender
Zeki Karagüle
Christoph Gutenbrunner
Pál Géher
Arif Dönmez
Alice Sipos

Local Organizing Committee, SPHM

A.Jorge Santos Silva, Univ. Beira Interior
António Vicente, Chaves
Cândida Monteiro, Sangemil
Fernando Almeida, S. Jorge
Frederico Teixeira, Univ. Coimbra
Idalina Russel, Caldelas
Jorge Oliveira, Vidago
Licínio Poças, Monfortinho
Luís Cardoso de Oliveira, Univ. Coimbra
Luís Teixeira, Univ. Coimbra
Vitor Coutinho, SPHM

Invited Speakers

Alain Françon, France
Bernard Maillet, Belgium
Bruce E. Becker, USA

Christian François Roques, France
Christophe Gutenbrunner, Germany
De Micheles, Argentina
Didier Brunschwig, France
Francisco Maraver Eyzaguirre, Spain

Janka Zálesakova, Slovakia
Lazlo Halmy, Hungary
Marco Vitale, Itália
Marcos Untura Filho, Brazil
Mihai Berteanu, Romania
Pál Géher, Hungary
Pascale Jeambrun, France
Patrice Queneau, France
Roman Forestier, France
Shaul Sukenik, Israel
Simona Bellometti, Italy
Tamás Bender, Hungary

Umberto Solimene, Italy
Javier Ubogui, Argentina
Zeki Karagülle, Turkey

Scientific Committee

A. Jorge Santos Silva, Portugal
Alain Françon, France
Bruce E. Becker, USA
Christian François Roques, France

Janka Zálesakova, Slovakia
Lazlo Halmy, Hungary
Licínio Poças, Portugal
Luís Cardoso de Oliveira, Portugal
Luís Pablo Rodriguez, Spain
Marco Vitale, Italy
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Pál Géher, Hungary
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Christophe Gutenbrunner, Germany
F Maraver Eyzaguirre, Spain
Frederico José Teixeira, Portugal
Hipólito Reis, Portugal

Patrice Queneau, France
Roman Forestier, France
Serafim Guimarães, Portugal
Shaul Sukenik, Israel
Simona Bellometti, Italy
Sousa Pereira, Portugal
Tamás Bender, Hungary
Umberto Solimene, Italy
Javier Ubogui, Argentina
Zeki Karagülle, Turkey

Cultural Committee

António Pires de Lima, UNICER
António Vaz Branco, UNICER
Pedro Cardoso, THE
Alice Sipos, ISMH

Pedro Cantista, SPHM

ATP Parallel Sessions

Alarcão Troni
António Espírito Santo Salgado
José Romão
João Pinto Barbosa
Teresa Ferreira
Teresa Vieira

Program at a glance

Date	Time	
Wednesday	12:00 › 20:00	Registration
June 25	15:00 › 17:00	Workshops / Courses
	17:15	Welcome Port of Honour, Casa da Música
	18:00	Opening Ceremony, Sala Suggia
	18:30	Premiére Concert, sponsored by Unicer. Mário Pacheco and Quorum Ballet
Thursday	08:00 › 18:30	Registration
June 26	08:30 › 18:30	Scientific Sessions
	09:30 › 16:30	Sightseeing Tour of Porto
	12:00 › 13:00	Poster Presentations 1
Friday	08:00 › 17:30	Scientific Sessions
June 27	09:30 › 17:00	Sightseeing Tour of Guimarães
	12:00 › 13:00	Poster Presentation 2
	17:30 › 18:30	ISMH General Assembly
	20:00	Reception and dinner at Port Wine Lodges
Saturday	08:00 › 12:30	Registration
June 28	08:30 › 12:00	Scientific Sessions
	12:15	Closing Ceremony / Awards

Scientific Program

WORKSHOP

25 JUN, WEDNESDAY					
15:00 › 17:00	Abs. ID - 135	RESPIRATORY TRACT'S HYDROTHERAPY	WS01	Brunschwig, Didier	
17:15 › 19:30		**OPENING CEREMONY**			

PLENARY SESSIONS

26 JUN, THURSDAY					
08:30 › 10:15		**SESSION 1 - CURRENT ASPECTS OF MEDICAL HIDROLOGY**		**Room Apollo 1+2+3**	
		Tamás Bender + Frederico Teixeira			
08:30 › 08:45	Abs. ID - 68	THE PRESENT SITUATION OF MEDICAL HYDROLOGY AND BALNEOLOGY IN EUROPE AND IN THE WORLD	KL01	Bender, Tamás	S01
08:45 › 09:00	Abs. ID - 166	FRENCH PARTICIPATION IN THE LIVE OF THE INTERNATIONAL SOCIETY FOR MEDICAL HYDROLOGY	KL02	Boulangé, Michel	S01
09:00 › 09:15	Abs. ID -159	SPA THERAPY – THE EVIDENCE	KL03	Roques, Christian François	S01
09:15 › 09:30	Abs. ID - 169	RESULTS AND IMPLICATIONS OF NEW EXPERIMENTAL STUDIES ON BALNEOTHERAPY AND HYDROTHERAPY	KL04	Gutenbrunner, Christophe	S01
09:30 › 09:45	Abs. ID - 130	EVIDENCE FROM EXPERIMENTAL ARTHRITIS STUDIES IN BALNEOLOGY	KL05	Karagülle, Zeki	S01
09:45 › 10:00	Abs. ID - 127	RECOMMENDATIONS OF THE FRENCH NATIONAL ACADEMY OF MEDICINE FOR THE THERAPEUTIC ASSESSMENT OF MINERAL	KL06	Queneau, Patrice || Graber-Duvernay, Bernard || Boudene, Claude	S01
10:15 › 10:35	COFFEE BREAK				
10:35 › 12:15		**SESSION 2 - PAIN**		**Room Apollo 1+2+3**	
		Christian François Roques + Serafim Guimarães			
10:35 › 10:50	Abs. ID - 67	BETA-ENDORPHIN CONTRIBUTE TO THE BENEFICIAL EFFECTS OF BALNEOTHERAPY	KL07	Bender, Tamás	S02
10:50 › 11:05	Abs. ID - 168	RANDOMIZED CONTROLLED STUDY ON THE EFFECTS OF A SERIES OF H2S MINERAL WATER BATHING IN PATIENTS WITH FIBROMYALGIA	KL08	Gutenbrunner, Christophe || Neues-Lahusen, M. || Candir, Fadime	S02
11:05 › 11:15	Abs. ID - 72	ARE SPA THERAPY AND PULSED ELECTROMAGNETIC FIELD THERAPY COST-EFFECTIVE FOR CHRONIC NECK PAIN?	OP01	Forestier, Romain || Françon, Alain || Saint-Arroman, Frédérique || Bertolino, Cristiane || Graber-Duvernaya, Bernard || Guillemot, Anne	S02
11:15 › 11:25	Abs. ID - 73	ARE SPA THERAPY AND PULSED ELECTROMAGNETIC FIELD THERAPY CLINICALLY EFFECTIVE FOR CHRONIC NECK PAIN?	OP02	Forestier, Romain || Françon, Alain || Saint-Arroman, Frédérique || Bertolino, Cristiane || Graber-Duvernaya, Bernard || Guillemot, Anne	S02
11:25 › 11:35	Abs. ID - 79	BATH RELATED HEADACHE. OBSERVATIONS IN DEBRECEN, HUNGARY	OP03	Ficzere, Andrea	S02
11:35 › 11:45	Abs. ID - 115	CRENOTHERAPY VALUE ON BIOMECHANICAL-DEPENDENT CHRONIC PAIN SYNDROMES	OP04	Valentim, Ramiro || Reis, Jacinta	S02
11:45 › 11:55	Abs. ID - 118	PODIATRIC AND THERAPEUTIC ASPECTS OF RACHIO-PELVIC-PODIATRIC AXIS PATHOLOGY	OP05	Valentim, Ramiro || Reis, Jacinta || Carneiro, Catherine || Azevedo, André	S02
12:45 › 14:15	LUNCH				

14:30 › 15:05		**SESSION 3 - RESPIRATORY TRACTS AND ALLIED CONDITIONS**		**Room Apollo 1+2+3**	
		Didier Brunschwig + Cardoso de Oliveira			
14:30 › 14:45	Abs. ID - 170	IN VITRO STUDY OF A SPRING WATER ON THE RESPIRATORY HUMAN CILIATED EPITHELIUM	KL09	Brunschwig, Didier II Esteve, Dominique II Bordenave, Laurence	S03
14:45 › 14:55	Abs. ID - 124	MEDICAL CRENOTHERAPY IN THE MANAGEMENT OF SEROUS OTITIS MEDIA AND CHRONIC SINUSITIS	OP06	Coutinho, João	S03
14:55 › 15:05	Abs. ID - 80	THE NATURAL WATER FROM THE THERMAL OF CALDAS-DA-FELGUEIRA IN THE TREATMENT FOR BRONCHIAL ASTHMA	OP07	Talaia, Mário II Sousa, Joana II Vasco, Jorge	S03
15:05 › 15:15	Abs. ID - 119	HALOTHERAPY IN HEALTH RESORT MEDICINE	OP08	Chervinskaya, Alina	S03
15:20 › 16:15		**SESSION 4 - PSICHIATRIC CONDITIONS**		**Room Apollo 1+2+3**	
		Patrice Queneau + António Jorge Santos Silva			
15:20 › 15:30	Abs. ID - 152	EFFECT OF THERMONEUTRAL WHOLE BODY IMMERSION ON PSYCHIC FUNCTIONS IN PATIENTS WITH DEPRESSIVE OR/ AND ANXIETY DISORDERS	OP09	Tapkiran, Orhan II Spyropoulos, Alexios I Fink, Matthias II Candir, Fadime II Grndel, Elli II Winkler, Michael II Gutenbrunner, Christophe	S04
15:30 › 15:45	Abs. ID - 53	SPA THERAPY IN ANXIETY DISORDER IN A 8 WEEK COMPARATIVE AND RANDOMIZED MULTICENTRE STUDY ON 237 PATI	OP10	DUBOIS, Olivier	S04
16:15 › 16:35	COFFEE BREAK				
16:35 › 17:05		**SESSION 5 - CARDIOVASCULAR CONDITIONS**		**Room Apollo 1+2+3**	
		Mihai Berteanu + Catarina Branco			
16:35 › 16:50	Abs. ID - 141	METHOD AND DEVICE FOR DRAINAGE AND VASCULAR MASSAGE OF THE LIMBS	KL10	Berteanu, Mihai II Iliescu, Alina II Dumitru, Luminita V. II Dinu, H.	S05
16:50 › 17:05	Abs. ID - 134	COMPARATIVE STUDY ON THE DIURETIC EFFECT OF THE MINERAL WATER OF SOURCE NO. 24 OLANESTI	KL11	Dumitrescu, L. II Berteanu, Mihai II Dumitru, Luminita V. II Toma, Claudia LM II Badea, Ruxandra II Ciobanul, Ieana II Dinu, H. II Zamfirescu, C.	S05
17:05 › 18:00		**SESSION 6 - DERMATOLOGICAL AND ALLERGICAL STUDIES**		**Room Apollo 1+2+3**	
		Javier Ubogui + Luís Teixeira			
17:05 › 17:20	Abs. ID - 133	CONSIDERATIONS ON THE NONSPECIFIC ANTIALERGIC EFFECTS OF MINERAL WATER OF SOURCE NO 7 OLANESTI	KL12	Dumitrescu, L.II Berteanu, Mihai II Dumitru, Luminita V. II Toma, Claudia LM II Badea, Ruxandra II Ciobanul, Ieana II Dinu, H. II Zamfirescu, C. II Danciu, D.	S06
17:20 › 17:30	Abs. ID - 160	WATER AND SKIN: THE S. PEDRO DO SUL THERMAL WATER CUTANEOUS EFFECTS	OP11	Ferreira, Marta de Oliveira II Costa, Paulo C. II Bahia, Maria Fernanda G.	S06

27 JUN, FRIDAY					
08:30 › 10:30		**SESSION 9 - EXPERIMENTAL BALNEOLOGY**		**Room Apollo 1+2+3**	
		Zeki Karagulle + Fernando Almeida			
08:30 › 08:45	Abs. ID - 54	AQUATIC IMMERSION TEMPERATURE EFFECTS UPON THE AUTONOMIC NERVOUS SYSTEM	KL16	Becker, Bruce II Hildenbrand Kasee, PhD.	S09
08:45 › 08:55	Abs. ID - 109	EFFICACY OF BALNEOTHERAPY ON AUTONOMOUS NERVOUS SYSTEM AND QUALITY OF LIFE IN HEALTHY VOLUNTEERS	OP13	Tefner, Ildikó II Bálint, Géza	S09
08:55 › 09:05	Abs. ID - 71	PHYSIOLOGICAL CHANGES BY REPEATED HALF-BODY BATHING	OP14	Otsuka,Yoshinori II Yamazaki, Ritsuko II Honda, Yasuki II Harada, Ushio II Suzuki, Yuji	S09

09:05 › 09:20	Abs. ID - 117	HYDROGEN SULFIDE EFFECTS ON HUMAN KERATINOCYTES	KL17	Vitale, Marco II Gobbi, Giuliana II Mirandola, Prisco	S09
09:20 › 09:30	Abs. ID - 74	THERMAL CHANGES OF FINGERS AFTER COLD STIMULUS EXPOSURE IN NORMAL VOLUNTEERS	OP15	Inokuma, Shigeko II Tsuboi, Hiroto	S09
09:30 › 09:45	Abs. ID - 76	INCIDENCE OF INFECTIOUS DISEASES IN SUPPOSED VULNERABLE PATIENTS: A PROSPECTIVE COMPARATIVE STUDY	KL18	FORESTIER, Romain II Françon, Alain II Graber-Duvernay, Bernard II Palmer, Michel II Guillemot, Anne II Souchon, Jean-François II Rogeaux, Olivier II Deschamp, Olivier	S09
09:45 › 09:55	Abs. ID - 108	SPECIFIC EFFECT OF MINERALS IN THERMAL WATER ON HUMAN T-LYMPOCYTA CELLS	OP16	Mészáros, Gabriella II Nagy, Gyorgy II Bender, Tamás	S09
09:55 › 10:05	Abs. ID - 66	BALNEOPREVENTION	OP17	Varga, Csaba II Szuetta, Judit	S09
10:30 › 10:45	COFFEE BREAK				
10:45 › 12:20		**SESSION 10 - REUMATHIC CONDITIONS**		**Room Apollo 1+2+3**	
		Pal Géher + Licínio Poças			
10:45 › 11:00	Abs. ID - 131	IS THERE A ROLE FOR BALNEOLOGY IN THE MANAGEMENT OF OSTEOPOROSIS?	KL19	Karagülle, Zeki II Karagülle, Mine	S10
11:00 › 11:15	Abs. ID - 78	THERAPEUTIC EFFECT OF SPA THERAPY ON KNEE OSTEOARTHRITIS. A MULTICENTER RANDOMIZED CLINICAL TRIAL	KL20	FORESTIER, Romain II Bosson, Jean-Luc II Françon, Alain II Desfours, Hugues II Tessier, Jean-Max	S10
11:15 › 11:30	Abs. ID - 132	THE PLACE OF SPA THERAPY IN EULAR EVIDENCE BASED RECOMMENDATIONS FOR MANAGEMENT OF RHEUMATIC DISEASE	KL21	Karagülle, Mine II Karagülle, Zeki	S10
11:30 › 11:45	Abs. ID - 163	SPA THERAPY RESEARCH IN FRANCE : THE AFRETH	KL22	Roques, Christian François II Tabone, W. II Rettig, R.	S10
11:45 › 12:00	Abs. ID - 125	BALNEOTHERAPY AND SPA THERAPY IN RHEUMATOLOGY: PLACE AMONG FRENCH HIGH AUTHORITY OF HEALTH AND EUROPEAN LEAGUE AGAINST RHEUMATISM RECOMMENDATIONS	KL23	Françon, Alain	S10
12:00 › 12:10	Abs. ID - 129	TREATMENT OF HUNGARIAN PATIENTS WITH PAGET'S DISEASE OF BONE WITH ZOLEDRONIC ACID	OP18	Donath, Judit II Nagy, Zs II Gergely Jr, P II Poó, Gy	S10
12:45 › 14:15	LUNCH				
14:30 › 15:45		**SESSION 11 - MUDS**		**Room Apollo 1+2+3**	
		Simona Bellometti + Idalina Russel			
14:30 › 14:45	Abs. ID - 70	PAIN RELIEF AND QUALITY OF LIFE IN RHEUMATIC PATIENTS UNDERGOING MUD BATH THERAPY.	KL24	Bellometti, Simona	S11
14:45 › 14:55	Abs. ID - 62	RESEARCH AND PUBLISHING NEEDS IN BALNEOLOGICAL AND THERAPEUTIC USE OF PEAT	OP19	Uosukainen, Harry	S11
14:55 › 15:05	Abs. ID - 101	HISTOLOGICAL AND BIOHISTOMETRICAL STUDY ON HUMAN SKIN MELANINE PRODUCTION AFTER MUD EXPOSURE	OP20	SURDU, Olga II Marin, Viorica II Profir, Daniela II ionescu, elena II Preda, Mihaela II surdu, traian II nechifor, monica	S11
15:05 › 15:15	Abs. ID - 106	DYNAMIC VARIATION OF BLOOD IONS DURING TREATMENT WITH TECHIRGHIOL THERAPEUTIC MUD	OP21	Marin, Viorica II Profir, Daniela II Demirgian, Sibel II Teren, Ovidiu	S11
15:15 › 15:30		**SESSION 12 - OBESITY AND METABOLIC CONDITIONS**		**Room Apollo 1+2+3**	
		Lazlo Halmy + Luís Cardoso de Oliveira			
15:15 › 15:30	Abs. ID - 165	EFFECTS OF CONSUMPTION OF MELGAÇO MINERAL WATER IN AN ANIMAL MODEL OF TYPE 2 DIABETES	KL25	Seiça, Raquel II Nunes, Elsa II Oliveira, Luís Cardoso	S12
15:30 › 15:45	Abs. ID - 151	THE PLACE OF BALNEOTHERAPY AND HYDROTHERAPY IN OBESITY MANAGEMENT	KL26	Halmy, Lazlo	S12
16:00 › 16:15	COFFEE BREAK				
17:30		**ISMH GENERAL ASSEMBLY**			

28 JUN, SATURDAY					
08:30 › 11:20		**SESSION 15 - THE RELEVANCE OF CIRCUMSTANCIAL ASPECTS (ENVIRONMENT AND PERSONAL) ON BALNEOLOGY**		**Room Apollo 1+2+3**	
		Pascale Jeambrun + Pedro Cantista			
08:30 › 08:45	Abs. ID - 173	WATER AS AN ANTIAGING ELEMENT	KL27	Cerrada, Alberto	S15
08:45 › 09:00	Abs. ID - 126	THERAPEUTIC EDUCATION IN FRENCH SPAS	KL28	Jeambrun, Pascale II Desfour, Hugues	S15
09:00 › 09:15	Abs. ID - 69	HEALTH CARE IN THE AGE OF MEDICAL TOURISM: WHAT'S NEW FOR THERMAL MEDICINE?	KL29	Bellometti, Simona	S15
09:15 › 09:30	Abs. ID - 140	IS DAILY SPA THERAPY INCLUDING OVERNIGHT STAY AT THE HEALTH RESORT AREA AS EFFECTIVE AS AN ALTERNATE	KL30	Sukenik, Shaul II Sheva, Beer	S15
09:30 › 09:45	Abs. ID - 105	PATIENT EXPECTATIONS ON BALNEOTHERAPY	KL31	Géher, Pal	S15
09:45 › 09:55	Abs. ID - 162	SPA THERAPY JUDGED BY PERSONS TAKING THE WATERS: DATA FROM THE RETURN OF 112,419 QUESTIONNAIRES	OP27	Tabone, W. II Dunand, C. II Auzanneau, N. II Lammerain, E.	S15
10:15 › 10:35	COFFEE BREAK				
10:35 › 11:20		**SESSION 15 - THE RELEVANCE OF CIRCUMSTANCIAL ASPECTS (ENVIRONMENT AND PERSONAL) ON BALNEOLOGY - PART II**		**Room Apollo 1+2+3**	
		Francisco Maraver + Teresa Vieira			
10:35 › 10:50	Abs. ID - 149	CAPACITIES TO MANAGE A THERMAL HEALTH CENTRE	KL32	Maraver Eyzaguirre, Francisco	S15
10:50 › 11:00	Abs. ID - 110	FINANCIAL OPPORTUNITIES IN THE FIELD OF BALNEOLOGY IN THE EUROPEAN UNION	OP28	Pörzse, Gábor	S15
12:15		**CLOSING CEREMONY**			

PARALLEL SESSIONS

26 JUN, THURSDAY					
12:45 › 14:15	LUNCH				
14:30 › 15:05		**SESSION 7 - CLIMATE**		**Room Apollo 4**	
		Umberto Solimene + Jorge Oliveira			
14:30 › 14:45	Abs. ID - 143	CRITICAL ANALYSIS OF CLIMATE CHANGE AND ITS CORRELATIONS WITH CLIMATOTHERAPY AND HEALTH TOURISM	KL13	Solimene, Umberto II Condemi, Vincenzo	S07
14:45 › 14:55	Abs. ID - 144	OXYGEN DENSITY OBSERVED IN SOME BIOCLIMATIC ITALIAN CONTEXTS. ADVANCE STUDIES ON THE CLIMATOTERAPIC ISSUES	KL14	Solimene, Umberto II Condemi, Vincenzo II Borghi, Sergio II Brugnoli, Angelico II Marzi, Tullio	S07
14:55 › 15:05	Abs. ID - 147	CACHUCHA BEACH SEA PELOID'S PHYSICAL PROPERTIES (PUERTO REAL - SPAIN)	OP12	Armijo, Francisco II Maraver Eyzaguirre, Francisco	S07
16:15 › 16:35	COFFEE BREAK				
16:05 › 16:30		**SESSION 8 - CONSENSUS CONFERENCE IN BALENOLOGY**		**Room Apollo 4**	
		Christophe Gutenbrunner + Janka Zálesáková			
16:05 › 16:20	Abs. ID - 167	CONSENSUS-PROJECT ON DEFINITIONS IN HEALTH RESORT MEDICINE, BALNEOLOGY, MEDICAL HYDROLOGY AND CLIMATOLOGY	KL15	Gutenbrunner, Christophe II Karagülle, Zeki II Bender, Tamás II Cantista, Pedro	S08

27 JUN, FRIDAY					
		Sessão Satélite I Satellite Session			
09:30 › 12:00		**SESSION 13 - TURISMO DE SAÚDE E BEM-ESTAR HEALTH AND WELLNESS TOURISM**		**Room Apollo 4**	
		Teresa Ferreira, Turismo de Portugal			
		Pedro Cantista, Sociedade Portuguesa de Hidrologia Médica			
		José Manuel Romão, Associação das Termas de Portugal			
10:00 › 10:30		**CONFERÊNCIA**			
		SPAS IN EUROPE: "HEALTH CENTRES FOR WOMEN"		Janka Zalasekova, ESPA	
10:50 › 11:30		**NOVOS PROJECTOS**			
		Vitor Palencia, Hotel Balneário Solares			
		Luís Veiga, Termas de Unhais da Serra			
11:30		**APRESENTAÇÃO DO LIVRO "TERMAS DE PORTUGAL"**			
		José Carlos Nascimento, Pixelprint / Pandora			
12:45 › 14:15	LUNCH				
14:30 › 15:45		**SESSION 14 - SPA AND THALASSOTHERAPY ORGANISATION ISSUES**		**Room Apollo 4**	
		Joseph Loutfi + João Pinto Barbosa			
14:30 › 14:40	Abs. ID 35	spa therapy in north america	OP22	loutfi, joseph	S14
14:40 › 14:50	Abs. ID 63	SPA DESTINATION	OP23	loutfi, joseph	S14
14:50 › 15:00	Abs. ID 164	Balneotherapy in North America: a Renaissance	OP24	Czeranko, Sussanna II Patton, Allison	S14
15:00 › 15:10	Abs. ID 102	Social Informational Infrastructure for Clinical Omics Balneology	OP25	Nakaya, Jun II Otsuka, Yoshinori II Agishi, Yuko II Tanaka, HIroshi	S14
15:10 › 15:20	Abs. ID 83	Creation of New Thalassotherapy Settlements, Example: Yalova-Turkey	OP26	Cekirge, Nevin II Gurda, Hatice	S14

POSTER PRESENTATIONS

26 JUN, THURSDAY

12:00 › 13:00	POSTER PRESENTATION 1		Room Discovery
	Marco Vitale + António Vicente		
Abs. ID 59	FORMS OF SPA THERAPY	P01	Loutfi, Joseph
Abs. ID 64	EFFECTIVENESS OF DIFFERENT TYPES OF SWIMMING AND BALNEOTHERAPY ON MUSCULOSKELETAL PROBLEMS	P02	Mokhtari, Iman II Kamalifard, Mozhgan II Kouchakali, Mahdi
Abs. ID 75	THERMAL SWIMMING POOLS DISINFECTION	P03	Dubourg, Karine
Abs. ID 77	THERMOPHYSICAL BEHAVIOUR OF PELOIDS	P04	Mourelle, M. Lourdes II Gomez, C. II Medina, C. II Legido, JL II Meijide Faílde, Rosa
Abs. ID 81	EFFECT OF THE CONSUMPTION OF BICARBONATE WATER WITH DIFFERENT MINERAL CONCENTRATIONS IN HYPERTENSIVE	P05	Meijide Faílde, Rosa II Sánchez de Enciso, Miguel II López Silva, Carmen II Rodríguez Fnández, Concepción II Vázquez Seijas, Enrique
Abs. ID 82	ANTIMICROBIAL PROPERTIES OF THE LIQUID PHASE OF COPAHUE THERMAL FANGO AGAINST STAPHYLOCOCCUS AUREUS	P06	Basualdo, Juan Angel II Schell, Celia II de Michele, Daniel II Sparo, Mónica II De Luca, María Marta II Grenóvero, Silvia II Giacomino, Marta II Belderrain, Andrés II Monasterio, Ana
Abs. ID 91	ENERGY CONSUMPTION BY BATHING IN ARTIFICIAL HIGH-CONCENTRATION CO2 HOT WATER	P07	Maeda, Masaharu II Sugawara, Mitsuharu II Nagumo, Hirotaka II Ichikawa, Masaru II Hara, Mariko
Abs. ID 92	SHORT AND LONG-TERM EFFECT OF SPA THERAPY IN KNEE OSTEOARTHRITIS: A ONE YEAR FOLLOW-UP	P08	Iacoponi, Francesca II Bellisai, Barbara II Brocchi, Luigi II Cantarini, Luca II Brocchi, Luigi II Galeazzi, Mauro
Abs. ID 93	EFFECT OF SPA THERAPY ON LEPTIN AND ADIPONECTIN PLASMA LEVELS	P09	Bellisai, Barbara II Blardi, Patrizia II Iacoponi, Francesca II Bacarelli, Mr II Cantarini, Luca II Ceccatelli, L II De Lalla, A II Fioravanti, Antonella
Abs. ID 94	EFFECTS OF MUD-BATH TREATMENT ON FIBROMYALGIA PATIENTS: A RANDOMIZED CLINICAL TRIAL	P10	Giannitti, Chiara II Fioravanti, Antonella II Perpignano, Giuseppe II Tirri, Giuseppe II Cardinale, Gabriella II Iacoponi, Francesca II Lo, Antonello II Tirri, Enrico II Sfriso, Paolo II Cozzi, Franco
Abs. ID 95	THE ROLE OF BALNEOPHYSICAL TREATMENT IN PREVENTION FROM FRACTURES IN INDIVIDUALS WITH OSTEOPOROSIS	P11	Vasic, Snezana II Jokic, Aleksandar II Grujic, Zoran II Sremcevic, Nikola II Ercegovcevic, Ljiljana
Abs. ID 96	COMPARISON OF THERMO-KEEPING EFFECTS AMONG THREE KINDS OF HOT WATER CONTAINING NACL, NAHCO3 AND CO2	P12	Maeda, Masaharu II Nagasawa, Hiroshi II Sugawara, Mitsuharu II Nagumo, Hirotaka II Ichikawa, Masaru II Hara, Mariko
Abs. ID 97	HYDROTHERAPY IN REHABILITATION OF A GUILLAIN-BARRÉ SYNDROME	P13	Simas, Francisco II Santos, Ana II Barata, Guida II Henriques, Joana II Ramos, Natália
Abs. ID 98	ANTIPSORIATIC EFFICACY OF THE SULPHURIC MEDICINAL WATER OF HARKÁNY	P14	Sebok, Bela II Lengyel, Zsuzsanna II Hortobágyi, Judit
Abs. ID 99	SULPHURIC THERMAL WATER OF HARKÁNY REDUCED OXAZOLONE INDUCED ALLERGIC CONTACT DERMATITIS IN MICE	P15	Bánvölgyi, Ágnes II Zádori, Csilla II Perkecz, Anikó II Pintér, Erika II Sebok, Bela
Abs. ID 100	SIGNIFICANCE OF TEAMWORK IN REHABILITATION OF TRAUMATOLOGIC PATIENTS IN BANJA KOVILJAČA	P16	Jokic, Aleksandar II Zdravkovic, Marko II Sremcevic, Nikola II Vasic, Snezana II Hansjurgens, Achim
Abs. ID 103	OBESITY, REDUCTION DIET, BALNEOTHERAPY	P17	Mihajlov, Gordana II Kurtes, Milka II Sremcevic, Nikola
Abs. ID 104	SPASTICITY AND HYDROLOGY	P18	castro, helena II melo, filomena II vaz, rui II Cantista, Pedro
Abs. ID 111	THE VARIATION OF THE LEVEL OF DEPRESSION UNDER PHYSIOTHERAPY IN OSTEOARTHRITIC PATIENTS	P19	Laszlo, Irsay II Borda, Monica II Pop, Liviu
Abs. ID 112	THE VARIATIONS OF SERUM LEVEL OF CALCIUM AND MAGNESIUM DURING THE MUD CURE	P20	Surdu, Traian-Virgiliu II Surdu, Olga II Nechifor, Monica II Teren, Ovidiu
Abs. ID 113	THE INFLUENCE OF MUD THERAPY ON HORMONAL STATUS IN PATIENTS WITH CHRONIC INFLAMMATORY RHEUMATISM	P21	Profir, Daniela II Marin, Viorica II Surdu, Olga II Preda, Mihaela
Abs. ID 116	USUAL SOMATALGIAS ETHIOPATOGENY IN PORTUGUESE SPAS	P22	Valentim, Ramiro II Reis, Jacinta
Abs. ID 120	HYDROTHERAPY BENEFITS IN REFLEX SYMPATHETIC DYSTROPHY	P23	Magalhaes, Silvia II Almeida, Clara II Sousa, Ana Cristina II Machado, Francisco

27 JUN, FRIDAY

12:00 › 13:00	POSTER PRESENTATION 2		Room Discovery
	Bruce Becker + Vitor Coutinho		
Abs. ID 121	PATIENT EDUCATION AND PHYSICAL THERAPY - CENTRAL ROLE FOR THE QUALITY OF LIFE IN OSTEOPOROSIS	P24	Bordalleana, Monica II Irsay, Laszlo II Pop, Liviu II Onac, Ioan II Ungur, Rodica
Abs. ID 128	HYDROTHERAPY IN RHEUMATOID ARTHRITIS	P25	Cary, Maria do carmo II Tavares, F. II Barata, G.
Abs. ID 136	EFFECT OF SPATHERAPY AND HIDROCINESITHERAPY ON QUALITY OF LIFE IN OSTEOARTHRITIS	P26	Torres Piles, Silvia II Ibañez, B. II Zoido, L. II Domínguez, A. II García, A. II Apolo, MD II Caro, B. II Gómez, F. II Urosa, N. II Escalante, Y. II Saavedra, JM
Abs. ID 137	EFFECT OF SPATHERAPY AND HIDROCINESITHERAPY ON PAIN AND FUNCTIONAL CAPACITY IN OSTEOARTHRITIS	P27	Torres Piles, Silvia II Zoido, L. II Ibañez, B. II Caro, B. II Apolo, MD II Domínguez, A. II García, A. II Urosa, N. II Gómez, F. II Escalante, Y. II Saavedra, JM
Abs. ID 142	ORAL-DENTAL CRENOTHERAPY IN FRANCE-30TH ANNIVERSARY OF THE S.F.T.T.S.B.D	P28	Santos, Suarez II Vergnes, Philippe II Ancey, Sylvie II Broustine, Bernard II Souto, Figueroa II G., Maria II Hylinski, Patricia II Guédes, Jean- Yves II Weidenmann, Bertín
Abs. ID 146	THERAPEUTIC MUD FROM "ANTONIO CARLOS THERMAS" – POÇOS DE CALDAS (MINAS GERAIS - BRASIL): CHARACTERISTICS AND PROPERTIES	P29	Armijo, Francisco II Untura Filho, Marcos II Morer, Carla II Maraver Eyzaguirre, Francisco
Abs. ID 148	GENERAL DOCTOR'S KNOWLEGE ON: MEDICAL HYDROLOGY, BALNEOTHERAPY AND SOCIAL-HEALTH THERMALISM PROGRAMS	P30	López-Fernández, MA II Martínez, MR II Bárcena, Mariano II Maraver Eyzaguirre, Francisco
Abs. ID 150	OCCUPATIONAL THERAPY AND THERMAL STATIONS	P31	Ramos, MI II Aguilera, L II Morer, Carla II Maraver Eyzaguirre, Francisco
Abs. ID 153	THE BENEFITS OF BALNEOLOGY IN GERIATRIC PATIENTS	P32	Costa, Helena Reis II Ribeiro, Maria Miguel II Castro, Helena II Melo, Filomena II Cantista, Pedro
Abs. ID 154	HYDROTHERAPY AND EXERCISE IN FIBROMYALGIA TREATMENT	P33	Costa, Helena Reis II Ribeiro, Maria Miguel II Marques, Susana II Cantista, Pedro
Abs. ID 155	COST BENEFIT EFFICACY OF A THERMAL PROGRAM: RESULTS OF A CASE CONTROL PROSPECTIVE STUDY IN ELDERLY PEOPLE SUFFERING FROM OSTEOARTHRITIS	P34	Cantista, Pedro II Almeida, Fernando II Monteiro, Zélia II Resende, Vitor
Abs. ID 156	HYDROTHERAPY AND MULTIPLE SCLEROSIS	P35	Ribeiro, Maria Miguel II Costa, Helena Reis II Marques, Susana II Jorge, Joana II Cantista, Pedro
Abs. ID 158	NUTRITIONIST INTERVENTION IN THE CAFFETARIA OF CALDAS S. JORGE THERMAL SPA	P36	Pinheiro, Joana II Cantista, Pedro
Abs. ID 171	STOP SMOKING" PROGRAM AT "TERMAS DE SÃO JORGE	P37	Cachapuz, Isabel II Cantista, Pedro
Abs. ID 174	SPA THERAPY IN RHEUMATOID ARTHRITIS (RA): A CLINICAL TRIAL ONGOING…	P38	Santos, Isabel II Cantista, Pedro II Vieira, Teresa
Abs. ID 175	A NEW MINERAL WATER AND THEIR THERAPEUTIC INDICATIONS – LONGROIVA MEDICAL SPA (PORTUGAL)	P39	Santos Silva, António Jorge II Gomes, Luís Ferreira II Morgado, Susana
Abs. ID 184	THE INFLUENCE OF AI CHI ON BALANCE AND FEAR OF FALLING AMONG OLDER ADULTS	P40	Teixeira, Rita II Neto, Francisco II Pérez, Laura II Lambeck, Johan
Abs. ID 189	THERAPEUTIC APPLICATION OF LAKE MUD ELECTROPHORESIS IN OSTEOARTHRITIS	P41	Grozeva, Antoaneta II Krasteva, Diana
Abs. ID 190	LEGIONELLA SP RESEARCH METHODS OF THERMAL WATER. THE LEGAL REQUIREMENTS	P42	Rosas, Isabel II Costa, P. II Araújo, A.
Abs. ID 191	MICROBIOLOGICAL AIR QUALITY. THE ADAPTABILITY OF LEGAL PORTUGUESE REQUIREMENTS IN THERMAL ESTABLISHMENTS	P43	Rosas, Isabel II Costa, P. II Araújo, A.

12:00 › 13:00	SPECIAL POSTER PRESENTATION - SPA'S AND THERMAL CENTRES		Room Discovery
Abs. ID 183	BALCOVA THERMAL BATH TREATMENT CENTER	P44	İğdirligil, Ahmet
Abs. ID 185	CHAVES THERMAL SPRINGS	P45	Alegria, Filipa
Abs. ID 186	TERMAS DAS CALDAS DE S. JORGE - PORTUGAL	P46	Leitão, Daniela II Guerra, Isabel Cachapuz II Cantista, Pedro
Abs. ID 187	A NEW MINERAL WATER AND THEIR THERAPEUTIC INDICATIONS – CRÓ-SABUGAL MEDICAL SPA (PORTUGAL)	P47	Santos Silva, António Jorge II Santos Silva, António José II Gomes, Luís Ferreira II Morgado, Susana II Pissarra Cavaleiro, V.M.
Abs. ID 188	UNHAIS DA SERRA SPA – A NEW THERAPEUTIC INDICATION	P48	Santos Silva, António Jorge II Santos Silva, António José II Gomes, Luís Ferreira

Congress Venue

Sheraton Porto Hotel & Spa (Starwood Hotels & Resorts)
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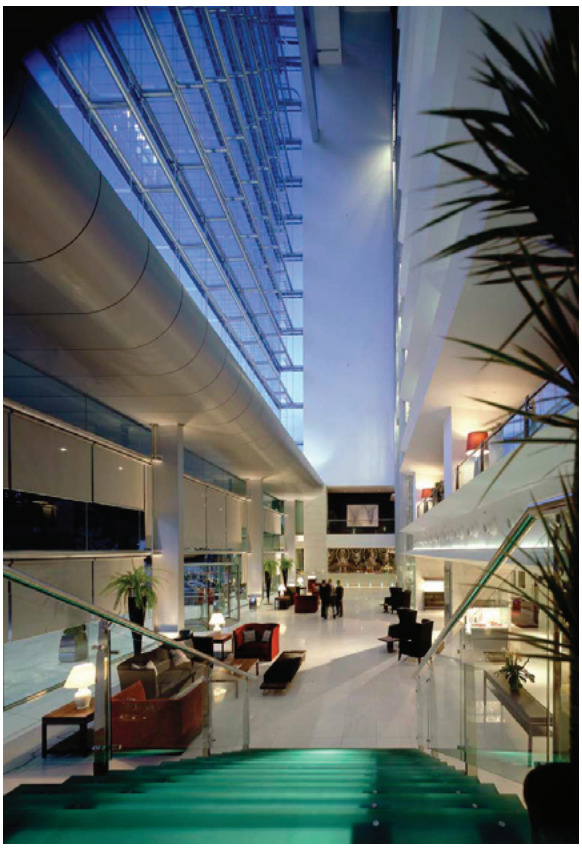
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Location

International Airport Francisco Sá Carneiro	15 Km / 15 min
Historic Centre (UNESCO World Heritage Site)	4 Kms / 5 min
Shopping Area and Museums	Walking Distance
Port Wine Cellars and Douro River	5 Kms / 10 min
Financial and Business District	Walking Distance







Plenary Sessions:
- Apollo 1
- Apollo 2
- Apollo 3

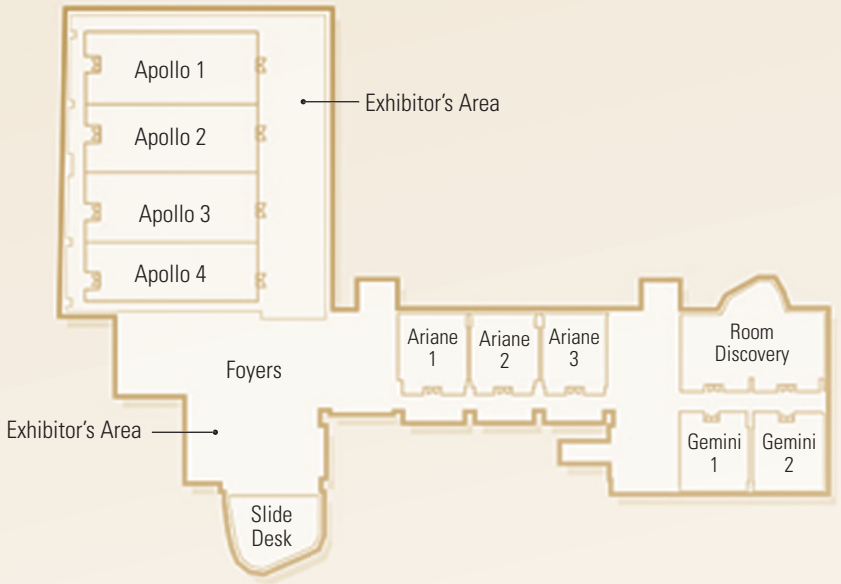
Parallel Sessions:
- Apollo 4

Poster Presentations:
- Discovery

Hospitality Suites:
- Ariane 1+2

Secretariat:
- Ariane 3

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- Gemini 1+2



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TERMAS DE S. JORGE
TERMAS DE UNHAIS DA SERRA

Registration Desk

	From	To
25th June, Wed.	12:00	20:00
26th June, Thu.	08:00	18:30
27th June, Fri.	08:00	18:30
28th June, Sat.	08:00	12:30

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OFICIALMENTE RECONHECIDO



micronizado para MAIOR EFICÁCIA CLÍNICA[2]

Insuficiência venosa crónica
Doença hemorroidária

2 a 6 comp./dia

1. Gloviczki P et al, Handbook of Venous Disorders - 2nd Edition, 2001;31:309-321
2. Garner R C et al, Journal of Pharmaceutical Sciences, 2002;91,1:32-40

DENOMINAÇÃO DO MEDICAMENTO: DAFLON 500. COMPOSIÇÃO QUALITATIVA e QUANTITATIVA: Fracção flavonóica purificada micronizada 500 mg por comprimido revestido contendo: 90% de Diosmina, ou seja 450 mg por comprimido revestido, 10% de flavonoides expressos em hesperidina, ou seja 50 mg por comprimido revestido FORMA FARMACÊUTICA: Comprimidos revestidos. INFORMAÇÕES CLÍNICAS - Indicações terapêuticas: Tratamento dos sintomas e sinais relacionados com a insuficiência venosa (pernas pesadas, dor, cansaço, edema).Tratamento das úlceras de origem venosa, em associação com compressão e tratamento local. Tratamento sintomático de hemorróidas agudas. Posologia e modo de administração: De acordo com a prescrição médica. Posologia habitual: 2 comprimidos revestidos por dia. Na crise hemorroidária: nos 4 primeiros dias: 6 comprimidos revestidos repartidos em 3 tomas, nos 3 dias seguintes: 4 comprimidos revestidos repartidos em 2 tomas; em seguida voltar à posologia de manutenção: 2 comprimidos revestidos por dia. Contra-indicações: Hipersensibilidade conhecida ao produto. Advertências e Precauções especiais de utilização: A administração deste medicamento no tratamento sintomático de hemorróidas agudas, não substitui o tratamento de outros problemas anais. Se não há remissão dos sintomas, deve proceder-se ao exame proctológico e o tratamento deve ser revisto. Ver utilização em caso de gravidez e de aleitamento. Interacções medicamentosas e outras: Não se conhecem. Gravidez e Aleitamento - Gravidez: Estudos experimentais no animal não evidenciaram efeito teratógeno. Na espécie humana, até hoje, não foi referido qualquer efeito nefasto. Aleitamento: Na ausência de dados sobre a excreção no leite, o tratamento deve ser evitado durante a amamentação. Efeitos sobre a capacidade de condução de veículos ou de máquinas: O Daflon 500 parece não interferir na capacidade de condução ou de utilização de máquinas. Caso ocorram tonturas não deve conduzir ou utilizar máquinas. Efeitos indesejáveis - Comuns: Distúrbios Gastrointestinais: diarreia, dispepsia, náuseas, vómitos. Raros: Distúrbios neurovegetativos: tonturas, cefaleias, mal-estar. Reacções cutâneas. Sobredosagem: No caso de sobredosagem acidental deve proceder-se às medidas básicas de urgência nestas situações. PROPRIEDADES FARMACOLÓGICAS - Propriedades farmacodinâmicas: Grupo Farmaco-Terapêutico IV – 6 Código ATC: C05CA03 - Em Farmacologia: DAFLON 500 exerce uma acção sobre o sistema vascular de retorno: ao nível das veias, diminui a distensibilidade venosa e reduz a estase venosa; ao nível da microcirculação, normaliza a permeabilidade capilar e reforça a resistência capilar. Em Farmacologia Clínica: estudos controlados em dupla ocultação utilizando métodos que permitem objectivar e quantificar a actividade sobre a hemodinâmica venosa, confirmaram no Homem as propriedades farmacológicas deste medicamento. Relação dose/efeito: A existência de relações dose/efeito, estatisticamente significativas é estabelecida sobre os parâmetros pletismográficos venosos: capacitância, distensibilidade e tempo de esvaziamento. A melhor relação dose/efeito é obtida com 2 comprimidos revestidos por dia. Actividade venotónica: DAFLON 500 aumenta o tónus venoso: a pletismografia por oclusão venosa com traço de contracção ao mercúrio evidenciou uma diminuição dos tempos de esvaziamento venoso. Actividade microcirculatória: Estudos controlados em dupla ocultação mostraram uma diferença estatisticamente significativa entre este medicamento e o placebo. Nos doentes apresentando sinais de fragilidade capilar o medicamento aumenta a resistência capilar medida por angiosterrometria. Em Clínica: estudos clínicos controlados em dupla ocultação contra placebo evidenciaram a actividade terapêutica do medicamento em flebologia, no tratamento da insuficiência venosa crónica, funcional e orgânica dos membros inferiores. Propriedades farmacocinéticas: No Homem, após administração oral do medicamento com diosmina marcada pelo C14: a excreção é essencialmente fecal e a excreção urinária é, em média, de 14 % da quantidade administrada; a semi-vida de eliminação é de 11 horas; o produto é fortemente metabolizado, sendo este objectivado pela presença nas urinas, de diferentes fenois. Dados de segurança Pré–Clínica: Não foram realizados estudos de carcinogenicidade com a diosmina ou hesperidina. No entanto, a metilhesperidina e a quercetina, que têm uma estrutura química semelhante à da diosmina, não demonstraram potencial carcinogénico no ratinho ou rato respectivamente. INFORMAÇÕES FARMACÊUTICAS - Lista dos Excipientes: Carboximetilamida sódica, celulose microcristalina, gelatina, estearato de magnésio, talco, cera, glicerina, hidroxipropilmetilcelulose, polioxietilenoglicol, laurilsulfato de sódio, óxido de ferro amarelo, óxido de ferro vermelho, dióxido de titânio. Incompatibilidades: Não aplicável. Prazo de validade: 3 anos. Precauções especiais de conservação: Sem precauções especiais de conservação. Natureza e conteúdo da embalagem: Caixa de 60 comprimidos revestidos, em placas termoformadas PVC/alumínio. Instruções de utilização e manipulação e eliminação. TITULAR DA AUTORIZAÇÃO DE INTRODUÇÃO NO MERCADO: SERVIER PORTUGAL - Especialidades Farmacêuticas, Lda. Av. António Augusto de Aguiar,128 1069-133 LISBOA N.º DE AUTORIZAÇÃO DE INTRODUÇÃO NO MERCADO: Caixa de 60 - 9373449 DATA DA A.I.M. - Março de 1988. DATA DA REVISÃO DO TEXTO: Março 2003. APRESENTAÇÃO: 60 Comp. REGIME DE COMPARTICIPAÇÃO: Escalão D. Medicamento sujeito a receita médica.

SERVIER

SERVIER PORTUGAL - Especialidades Farmacêuticas, Lda.
Informação Científica a cargo de ***ARMEDIC, LUSOTERAPIA, SERMÉDICA, SOCOFAR***
Av. António Augusto Aguiar, 128. 1069-133 LISBOA - Tel: 21 312 20 00 - Fax: 21 312 20 90

Registration fees

	Early Until the 31st of March	**Late** From the 1st of April to the 30th of May'08	**On site**
ISMH I SPHM I ATP Members	€ 350	€ 400	€ 500
Non-members	€ 450	€ 500	€ 600
Residents & Allied Health	€ 225	€ 250	€ 350
Gala dinner for Residents & Allied Health	€ 60		
Accompanying person Package	€ 225		
Workshops	€ 20		

The registration fee for Members and Non-members includes:

- All congress material (meeting package with Final Programme, Abstract Book, tourist and other information)
- Congress bag and name badge
- Lunches and coffee breaks as indicated in the programme
- Opening ceremony and Welcome Reception on the June 25th
- Transfer and Gala Dinner at the Wine Lodges on the June 27th
- Admission to all scientific sessions
- Entrance to the industry

The registration fee for Residents & Allied Health includes:

- All congress material (meeting package with Final Programme, Abstract Book, tourist and other information)
- Congress bag and name badge
- Lunches and coffee breaks as indicated in the programme
- Opening ceremony and Welcome Reception on the June 25th
- Admission to all scientific sessions
- Entrance to the industry

The Accompanying person's package includes:

- Invitation for the Welcome Reception
- Sightseeing tour of Porto, 26th of June (09:30-17:00)
- Sightseeing tour of Guimarães, 27th of June (09:30-17:00)
- Transfer and Gala Dinner at the Wine Lodges, 27th of June

Cancellation of registration, social events and sightseeing tours:

- Participants cancelling their registration before the 25th May, will receive a full refund less € 100 administration costs. There will be no refunds for cancellations received after this date.
- Cancellations must be confirmed in writing to The House of Events, the executive secretariat.
- All refunds will be processed after the Congress.
- Name substitutions are accepted at any time at an extra charge of € 50.

Social Events

Wednesday, 25 June

17h15 – 19h30

Welcome Port of Honour at Casa da Música
Avenida da Boavista, 604-610
4149-071 Porto
The Open Ceremony and welcome reception will take place at Casa da Música, Porto's unique concert hall, located in the heart of the new city centre at Rotunda da Boavista.

The building was designed by the Dutch architect Rem Koolhaas and built as part of Porto's project for European Culture Capital in 2001.

A welcome Port of Honour will be served just before the opening ceremony, in the main auditorium "Sala Suggia" followed by a Premiére Concert sponsored by Unicer featuring virtuous Portuguese guitar player Mário Pacheco Quartet contemporary dance by Quorum Ballet.

Thursday, 26 June

09h30 – 16h30

Sightseeing Tour of Porto
Meeting Point: Sheraton Porto Hotel & SPA

The programme features a tour, through pedestrian streets, shopping in the open-air market place, turn of the century commerce shops or simply enjoying a cup of coffee in an art deco style tavern. A guided tour to some of the city's highlights like "Lello" Library, Clérigos Tower and the historic city centre with Igreja de S. Francisco.

Friday, 27 June

Sightseeing Tour of Guimarães
09h30 – 16h30
Meeting Point: Sheraton Porto Hotel & SPA

It is a must to visit the City of Guimarães, birthplace of the Portuguese nationality, whose historic centre was classified a UNESCO's World Heritage Site.

The program features a guided pedestrian tour of the ruins of the castle, the XVI century ducal palace, time to stroll through the medieval streets and look for some antiques, bargain at traditional shops, enjoy a cup of coffee in the old squares.

Gala Dinner at a Wine Lodge
19h00:00 – 23h30
Rua do Choupelo, 250
4400-088 Vila Nova de Gaia

19h30- Transfer for the Gala Dinner
Departures from: Sheraton Porto Hotel & SPA
Hotel Tuela Porto

The Gala Dinner will take place at Taylor's Wine Lodge located on the left bank of Douro River, with astonishing views over the city of Porto and its historic centre classified as a World Heritage Site. Guests will be welcomed with a visit to the cellars and invited for a glass of Port, while learning more about the Port wine.

An aperitif will follow and a sit down dinner will be served in the banquet room overlooking the Douro River and the city of Porto.

Notes

NOVA ERA
NO TRATAMENTO DA OSTEOPOROSE PÓS-MENOPÁUSICA



70%
Redução do risco* de nova fractura vertebral[1]

41%
Redução do risco* de fractura da anca[1]

25%
Redução do risco* de fractura não vertebral[1]**

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*Comparando com placebo[1] **Excepto dedos das mãos, dedos dos pés e fracturas faciais[1] 1. Resumo das Características do Medicamento (Data de revisão 3/10/2007)


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